The address for the Pa Kua Chang Summer Training Camp is:

Oldfields School 1500 Glencoe Road Glencoe, MD 21152

If you fly to come to the camp, the nearest airport is BWI (Baltimore-Washington International Thurgood Marshall Airport). Oldfields School is approximately 40 miles (64 kilometers) north of BWI.

To find out transportation options at the airport, go to the following site:

http://www.bwiairport.com/en/travel/ground-transportation

To get to the camp directly from BWI, or leave camp for BWI, via an airport shuttle bus, you can contact one of the following companies to make reservations. You will need to make arrangements for pick-up times and locations:

Super Shuttle (Blue Van)

Phone: 800 BLUE VAN (800.258.3826)

http://www.supershuttle.com/en/BWIAirportShuttleBaltimore.html

Airport Shuttle

Phone: 410.394.9308

http://www.theairportshuttle.com/

Room and Board are provided during the Summer Training Camp.

If you plan to stay at a hotel before the camp starts, or during the Qi Gong Training Camp when it is being held, you can take the MTA Light Rail from BWI to the Hunt Valley area where there are several hotels. Oldfields School is approximately 6 miles (10 kilometers) north of the Hunt Valley area.

For the Light Rail fare, schedule and stop information, check the following link:

http://www.bwiairport.com/en/travel/ground-transportation/trans/lightrail

The following is a list of some of the hotel options in the Hunt Valley area. The Light Rail stop nearest to each hotel is also listed. The distance between the hotel and the associated Light Rail stop is anywhere from less than 0.5 miles to a couple miles. The hotels may or may not provide shuttle service between the Light Rail stop and their location, so ask your hotel when you make a reservation.

Embassy Suites

213 International Circle Hunt Valley MD 21030

Phone: 410.584.1400

 $\underline{\text{http://embassysuites3.hilton.com/en/hotels/maryland/embassy-suites-baltimore}}$

-north-hunt-valley-BALHVES/index.html

Light Rail Stop - Hunt Valley (98 Shawan Road). 0.5 mile/0.8 kilometer from the hotel

Marriott Courtyard

221 International Circle Hunt Valley MD 21030

Phone: 410.584.7070

http://www.marriott.com/hotels/travel/bwihu-courtyard-baltimore-hunt-valley/

Light Rail Stop - Hunt Valley (98 Shawan Road). 0.7 mile/1.1 kilometers from the hotel

Residence Inn by Marriott

45 Schilling Road Hunt Valley MD 21031

Phone: 410.527.2333

http://www.marriott.com/hotels/travel/bwirh-residence-Inn-baltimore-hunt-valley/

Light Rail Stop - Pepper Road (1101 Schilling Road). 0.1 mile/0.2 kilometer from the hotel

Holiday Inn Express Hunt Valley

11200 York Road Hunt Valley MD 21030

Phone: 866.430.2692

http://www.hotelsone.com/hunt-valley-hotels-us/holiday-inn-express-hunt-valley.html?As=

Light Rail Stop - Pepper Road (1101 Schilling Road). 0.4 mile/0.6 kilometer from the hotel

Ramada Inn

10100 York Road, Cockeysville, MD 21030

Phone: 410.667.4900

http://www.ramada.com/Ramada/control/Booking/check_avail?variant=&id=14623&propBrandID

=RA&force nostay=false&bmlnSession=true&tab=tab1

Light Rail Stop - Warren Road (300 W. Warren Road). 1.3 miles/2 kilometers from the hotel

<u>Local bus service in the Hunt Valley area</u> is Route 9, which, in addition to the Light Rail, may be used to get around the Hunt Valley area. For the fare, schedule, and stop information, check out the following Link:

(Search for Local bus, Route 9)

http://mta.maryland.gov/local-bus

To get to Oldfields School from the Hunt Valley area, you will need to arrange for a pick-up by a fellow camp attendee, or use a taxi cab. The contact information of a local taxi company is listed below:

ASAP Car Service Phone: 888.704.2727

http://www.asapcarservice.com/

Office hours: Monday through Friday, 8 am to 5 pm (Taxi service is provided 24 hours

a day)